



QUALITY OF LIFE IN THE SADC REGION

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Perspective



- Broad concept, encompassing several social disciplines
 - Sociology
 - Health
 - Psychology
 - Economics, etc.

Health perspective:

- Physical illness
- Psychological Impairment



SADC Regional Perspective



- No large scale study on the quality of life of SADC citizens has been conducted
- the review of several Demographic and Health Surveys (1980-2015) demonstrates;
- that the main factors that have a bearing on the **quality of life** in the region, are socio-economic conditions and physical illnesses.



Selected measures of Quality of Life from the health perspective



- Regional Average Income per Capita (WB 2017) = USD 206 with significant differences between MS (USD 15536 – 462)
- Catastrophic health expenditure: up to 80 million people suffer financial catastrophe every year due to out of pocket medical costs. (Commonwealth Sec. Study in SADC Countries)
- Access to primary health care: regional average = 53%, higher than the African average = 46% and lower than the global average = 66% (WHO 2019)



THANK YOU
ARIGATO

